FlowLabs  ADVANCED LABORATORY DIAGNOSTICS Laboratory Requisition Requisitioning Clinician/Practitioner	* Please book your appointment with Flowlabs 2 weeks prior to your follow up with your doctor*	
Name		
Address		
Address		
	Clinician/Practitioner's Contact Number for Urgent Results	Service Date mm dd
Clinician/Practitioner Number CPSO / Registration No	Health Number Version Sex	Data of Birth
CPSO / Registration No	Health Number   Version   Sex   M   F	yyyyy Date of Birth mm dd
Check (A) one:		nt's Telephone Contact Number
Check (✔) one:  OHIP/Insured Third Party / Uninsured WSIB	Trovince Other Frovincial Regionation Number	nts relephone Contact Number
Additional Clinical Information (e.g. diagnosis)	Patient's Last Name (as per OHIP Card)	
(-igg)		
Copy to: Clinician/Practitioner	Patient's First & Middle Names (as per OHIP Card)	
Last Name First Name		
	Patient's Address (including Postal Code)	
Address		
Male Infertility Investigation:		
Semen analysis (count, motility & morphology, IgG, IgA)		
☐ Anti-sperm antibodies (IgG, IgA)		
Post-ejaculate urine cytology (identification of spermatozoa)		
Semen analysis and DNA Integrity Assay (DFI not an OHIP insured test. Please provide payment in full at <a href="https://www.flowlabs.ca">www.flowlabs.ca</a> )		
Aneuploidy (Not an OHIP insured test. Please provide payment in full (\$750.00) at www.flowlabs.ca)		
Post-vasectomy Testing: Smear for identification of spermatozoa		
Note: All additional doctors who require your test results must be indicated on the requisition. FlowLabs cannot take over- the- phone requests. Doctors requesting results that are not included on the requisition must send in a release of information signed by the patient giving us written permission to release results.  Instructions:  FlowLabs is now primarily accepting dropped off samples. To arrange for testing or booking an appointment, please visit <a href="https://www.flowlabs.ca">www.flowlabs.ca</a> . Ensure that you have your original requisition and eligible, active health card on hand when ordering your kit. You will be required to upload these documents to the website to receive your collection kit in a timely manner. Samples will not be accepted without a drop off appointment.  All questions and inquires can be addressed by emailing <a href="mailto:info@flowlabs.ca">info@flowlabs.ca</a> or by calling 416 581 0000. All emails and phone calls will be returned in 1-2 business days. To purchase supplements, non-toxic condoms, or to provide payment for non-OHIP covered tests, please visit: <a href="https://www.flowlabs.ca">www.flowlabs.ca</a> .		
I hereby certify that the tests ordered are not for registered in- or out-patients of a hospital.		
XClinician/Practitioner Signature	<del></del>	 Date



# **Semen Analysis Collection Instructions**

## Important:

- You must abstain from any form of ejaculation for 2-5 days before a semen collection.
- Condoms should not be used for semen collection because they contain agents that kill sperm. If you need to collect a sample by intercourse, you can purchase non-toxic condoms from our laboratory and use them for sample collection. If you collect a sample in this type of condom, drop the whole condom into one of our sterile containers and bring it to the laboratory.
- Interrupted intercourse should not be performed for specimen collection as this may result in the loss of the most critical first portion of the ejaculate and the specimen may be contaminated with cells or bacteria from the vagina.
- Lubricants should not be used to aid in the collection as they may be toxic to sperm.

#### Collection Instructions:

- 1. Inspect the sterile collection container to ensure that the seal has not been broken. If the container or seal is visibly broken or you suspect that the container is no longer sterile, please inform FlowLabs staff to get a new one.
- 2. Clearly label the collection container with your First and Last name and Date of Birth (dd/MMM/yyyy), unless the container has already been labelled for you.
- 3. The semen sample should be collected only after you have washed your hands and penis with soap and water. Be sure to rinse away all soap residue.
- 4. Dry your hands and penis thoroughly before collecting the sample.
- 5. Collect the semen specimen <u>by masturbation only</u>, directly into the collection cup. One complete ejaculation is required.
- 6. If a portion of the sample is lost during collection, please make a note of this and inform the laboratory staff when dropping off the sample.
- 7. Ensure that the entire sample is in the container and screw the lid of the container on tightly.

**IMPORTANT:** Note the collection time on the container.

8. Place the sample in the biohazardous bag and place your original requisition in the outside pocket of the bag.

- 9. Seal the bag and transport the sample to the lab. Remember to keep the sample at body temperature (tuck inside shirt, waistband, underarm)
- 10. Make sure to hand over your sample to FlowLabs staff. **DO NOT** leave sample at the door.

## Patient obtaining a collection kit at FlowLabs:

- 1. After visiting your doctor and obtaining a completed requisition, read and follow the instructions on your FlowLabs requisition.
- 2. If you're already at the clinic and would like to pick up a drop off collection kit, please visit <a href="www.flowlabs.ca">www.flowlabs.ca</a> and register with FlowLabs. Please indicate that you will be/are going to pick up a kit.
- 3. Then, go to FlowLabs to obtain a drop off collection kit.
- 4. Upon leaving the facility, follow the instructions provided in the kit and arrange to drop off the sample by booking an appointment on <a href="www.flowlabs.ca">www.flowlabs.ca</a>.
- 5. Collect the sample on the day of your appointment and drop off at the location of your choice. Be mindful of keeping the sample close to your body so that it's at body temperature (ie, tuck inside shirt, waistband, underarm)

## Patient wanting to drop off sample at another FlowLabs location:

- 1. After visiting your doctor and obtaining a completed requisition, read and follow the instructions on your FlowLabs requisition.
- 2. Register online (or order a kit online) by using our website: www.flowlabs.ca
- 3. Upon receiving the kit, follow all instructions carefully and arrange to drop off the collected sample by booking an appointment at <a href="https://www.flowlabs.ca">www.flowlabs.ca</a>
- 4. Collect the sample on the day of your appointment and drop off at the location of your choice. Be mindful of keeping the sample close to your body so that it's at body temperature (ie, tuck inside shirt, waistband, underarm)