

1 Removing contents from refrigerator and freezer

Step 1.1

Remove the 3 ice packs from the freezer.
Remove the 4 gel packs from the fridge.



Step 1.2

Remove the Biohazard bag with Collection cup and Buffer tube from the refrigerator.
Remove the Biohazard bag with used FloCup from the refrigerator.



Step 1.3

Make sure the Checklist form is in the outside pocket of the Biohazard bag with used FloCup.

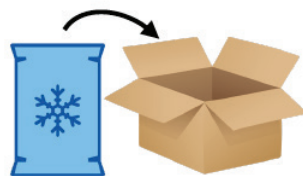


2 Preparing the box for mail

To prepare the box for mail back:

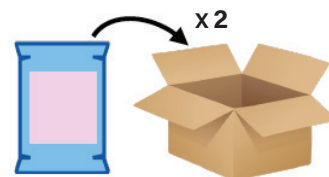
Step 2.1

Place 1 ice pack in the empty box.



Step 2.2

Place 2 gel packs side-by-side in the box. One gel pack faces up, the other gel pack faces down.



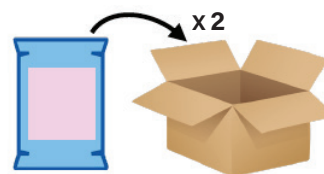
Step 2.3

Take the Biohazard bag with Collection cup and Buffer tube, and the Biohazard bag with used FloCup and Checklist form. Seal the bags and place in the box.



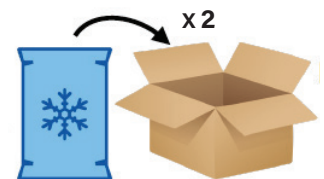
Step 2.4

Place 2 gel packs side-by-side in the box. One gel pack faces up, the other gel pack faces down.



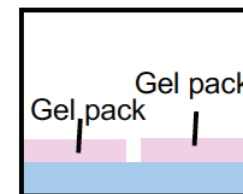
Step 2.5

Place 2 ice packs in the box and put the lid on to close the box.

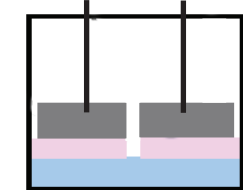


SIDE VIEW

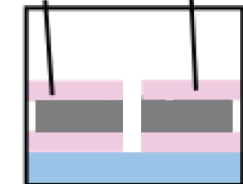
Ice pack



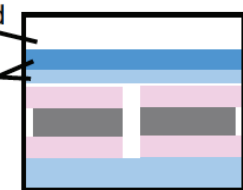
Biohazard bag Biohazard bag



Gel pack Gel pack



Box lid
Ice packs



3 Mailing to FlowLabs

After the box is prepared:

Step 3.1

Tape the box shut.



Step 3.2

Remove the **old** shipping label from the box.



Step 3.3

Stick **new** return shipping label (Purolator waybill) on box. Cover any old labels.



Step 3.4

Call Purolator at 1-888-744-7123 to schedule a pickup (Sunday to Thursday) OR drop-off the box to a Purolator drop-off location.