

POST-EJACULATE URINALYSIS SAMPLE COLLECTION INSTRUCTIONS

IMPORTANT: Perform this procedure less than two (2) hours before your prescheduled appointment to drop off your sample.

Collection Instructions:

1. Before collecting your semen sample, empty your bladder by urinating in the toilet.
2. Clearly label one of the collection containers with your First and Last name and Date of Birth (YYYY/MMM/DD). This container will be used to collect your semen sample.
3. Begin to fill out the collection checklist provided in your kit by filling out your name and the date.

NOTE: It is important that you attempt to produce a semen sample. In the event that you have attempted and are unable to produce a sample indicate the absence of a semen sample on the “Drop off Collection checklist”. AND continue with the instructions at step #5.

4. Collecting the semen sample: please see attached instructions ‘SEMEN ANALYSIS SAMPLE COLLECTION INTRUCTIONS’
5. The second container must now be labeled with the your first and last name, date of birth (YYYY/MMM/DD) and / time of collection.
6. After collecting or attempting to collect a semen sample, you must clean your penis with water and immediately urinate into the 2nd sterile container provided in the collection kit. A complete urination is needed. No urine should be voided in the toilet.
7. The lid of the container must be tightly secured. Leaking containers will not be accepted.
8. Place the sample containers in the biohazardous bag and place your original requisition and the collection checklist in the outside pocket of the bag. If you do not have a biohazard bag, we will still accept your sample. Please ensure you bring the original requisition and collection check list with your sample even if you don’t have a biohazard bag.
9. Seal the bag and transport the sample to the lab. Remember to keep the sample at body temperature (tuck inside shirt, waistband, under your arm). Failure to keep the sample at body temperature could result in the sample being rejected and/or a request for recollection.