

1 What's Inside



Return shipping label



3 Ice packs



4 Gel packs



Biohazard bag containing these 6 items:



1 Checklist form



1 FloCup

1 Syringe

1 Collection cup



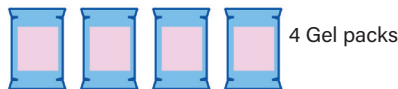
1 Buffer tube



2nd Biohazard bag

2 Refrigeration and Freezing

Place these items in the REFRIGERATOR for at least 24 HOURS until ready for test:



4 Gel packs

Place these items in the FREEZER for at least 24 HOURS until ready for test:



3 Ice packs

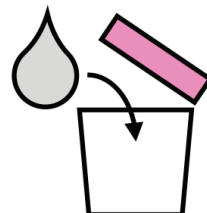


Buffer tube

3 Semen sample collection

When ready, first prepare a semen sample:

Produce a semen sample into the Collection cup.



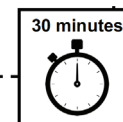
Indicate on Checklist form

4 Semen sample and buffer preparation

Prepare the semen sample and buffer together at the **same time**:

Step 4.1a

Leave semen sample in closed Collection cup for 30 minutes. After 30 minutes, hold the Collection cup and gently swirl clockwise 10 times to mix semen. Do not shake the Collection cup.



Gently swirl 10 times

Step 4.1b

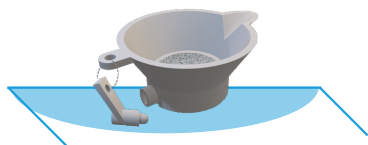
Take Buffer tube out of freezer. Leave on a flat surface in room temperature for 30 minutes to allow Buffer to thaw.



5 FloCup preparation

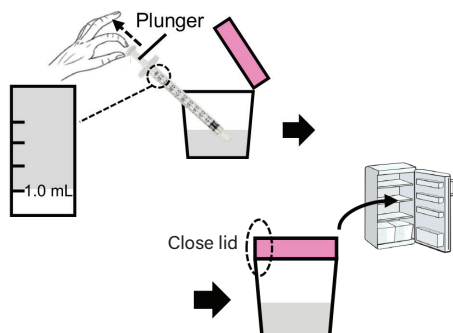
Step 5.1

Place the FloCup on a FLAT surface.



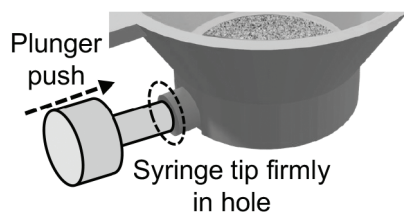
Step 5.2

Put the syringe in the Collection cup and gently pull the plunger to collect semen until the 1.0 ML LINE. CLOSE Collection cup with rest of the sample and put in REFRIGERATOR.

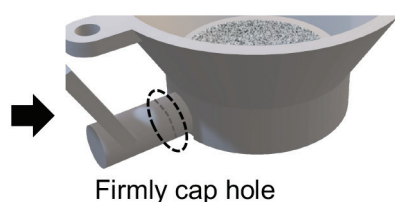


Step 5.3

FIRMLY Insert the syringe tip into the hole at the base of the FloCup. Gently push plunger fully to get semen inside the FloCup.



FIRMLY insert cap into hole in the FloCup. Place FloCup back on FLAT surface.

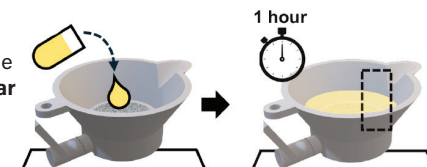


6 Test procedure

Step 6.1

Pour the yellow fluid from the Buffer tube SLOWLY onto the FloCup. **The yellow fluid will fully cover the white circular portion of the FloCup.** DO NOT THROW AWAY BUFFER TUBE. Leave the FloCup on FLAT surface for 1 HOUR.

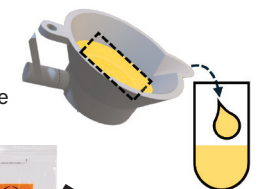
✓ Indicate on Checklist form



Step 6.2

After 1 HOUR, hold the FloCup and **gently** tip the FloCup to the beak of the Buffer tube. Drip all the yellow fluid from the FloCup back into the Buffer tube

✓ Indicate on Checklist form



Step 6.3

Close the lid on the Buffer tube and place it and the Collection cup into a Biohazard bag. Place in **refrigerator**.

Place used FloCup into the other the Biohazard bag, insert the checklist in the outside pocket, and place in **refrigerator**.



7 Mailing to FlowLabs

Please follow the Mailing instruction sheet to send back to FlowLabs.